

## Peer Recovery (PR) Code of Ethics

The IC&RC Peer recovery (PR) Code of Ethics outlines minimum values and principles of peer recovery practice. This Code serves as a guide for responsibility and ethical standards for IC&RC Peer Recovery professionals. IC&RC expects those currently holding the IC&RC Peer Recovery credential to adhere to these standards outlined below.

Peer Recovery professionals have a responsibility to support persons seeking/in recovery with achieving their personal recovery goals by promoting self-determination, personal responsibility, and the empowerment inherent in self-directed recovery. Peer Recovery professionals shall maintain high standards of personal conduct and conduct themselves in a manner that supports their own recovery. Peer Recovery professionals shall serve as advocates for the people they serve.

Peer Recovery professionals shall not perform services outside of the boundaries and scope of their expertise, shall be aware of the limits of their training and capabilities, and shall collaborate with other professionals to best meet the needs of the person(s) served. Peer Recovery professionals shall always preserve an objective and ethical relationship with the person (s) served. This credential does not condone, endorse, suggest, or intend that a Peer Recovery professionals shall serve independently. The Peer Recovery professional shall only work under appropriate supervision.

### A. Supervision

As a Peer Recovery professional, I will:

1. Agree to maintain a minimum of one supervision session per week (group and/or individual structure) totaling minimum 4 hours of documented supervision per month. I will at no times provide professional recovery support services without direct supervision. Supervision is defined as a person-centered, strength-based approach to supporting the Peer recovery professional with identification of professional strengths, areas of improvement, implicit/explicit bias, growth opportunities, cultural responsiveness and/or other items that will support the Peer Recovery professional providing competent and ethical services.
2. Agree to maintain the supervision requirements set forth by my agency of employment and/or reimbursement requirements for the services I am providing. This includes any specific supervision requirements set by state and/or credentialing body standards.
3. Maintain regular supervision, and ongoing personal supports, so I have a person with whom I can address challenging personal/professional issues, behaviors, or conditions that may negatively impact my own recovery and/or my ability to practice within my professional role as a Peer recovery professional. I understand that misconduct will result in disciplinary action and may result in the suspension of my credential.
4. Utilize supervision to grow my professional skills set and identify skills/behaviors that require improvement.
5. If supervision required above cannot be retained, I will contact my credentialing body to locate an available resource to meet these supervision requirements.

### B. Professional Conduct

As a Peer Recovery professional, I will:

1. Accurately identify my qualifications, expertise, and credentials to all whom I serve and to the public.
2. Conduct myself in accordance with the IC&RC Peer Recovery Code of Ethics.

3. Ensure all services delivered, and professional conduct, is led by SAMHSA' Guiding Principles of Recovery: Hope, Person-Driven, Many Pathways, Holistic, Peer Support, Relational, Culture, Trauma-Informed, Strengths and Responsibilities, and Respect.
4. Make public statements or comments that are true and reflect current and accurate information. Public statements will not cause negative consequences or harm to the community, views on recovery, peer profession, person(s) served, and/or organizations.
5. Ensure that substances, and behaviors, do not affect, or limit, my ability to maintain my role as a role model, and mentor, of a healthy recovery lifestyle. If my actions, behaviors, and/or choices do not reflect being a model of healthy recovery, I will notify my supervisor immediately.
6. Recognize personal issues, behaviors, or conditions that may impact my performance as a Peer Recovery professional and report any unethical behaviors to my supervisor and my credentialing body.
7. Respect and acknowledge the professional efforts and contributions of others and not declare or imply credit as my own. If involved in research, I shall give credit to those who contribute to the research.
8. Maintain required documentation for all client records as required by the agency through which I'm employed or the Federal requirements making certain that records are documented honestly and stored securely. Agency disposal of records policies shall be adhered to.
9. Protect the privacy and confidentiality of persons served in adherence with Federal Confidentiality, HIPAA laws, local jurisdiction and state laws and regulations. This includes electronic privacy standards (social media, texting, telephonic, video conferencing etc.). In instances where confidentiality laws do not apply, I will ensure that the person(s) served is informed when information is shared outside of my organization, confirm what information is acceptable to share, and consent has been provided.
10. Use client contact information in accordance with agency policy and applicable laws.
11. Not create my own private clinical practice.
12. Provide a current copy of the IC&RC Peer Recovery Code of Ethics to my employer and direct supervisor.
13. Not commit a criminal offense. I understand if I am charged for a criminal offense, my credentialing body Ethics Committee reserves the right to take immediate disciplinary action up to and including suspension of my credential. It is my duty to notify my credentialing body immediately if I am charged with a criminal offense.
14. I will disclose directly to my credentialing body, per credentialing body ethics reporting guidelines, if a known, or perceived, ethical violation has been committed by myself or person(s) who are currently certified/licensed in my state (regardless of certification/license).

### **C. Conflict of Interest**

As a Peer Recovery professional, I will:

1. Reveal any perceived conflict of interest immediately to my professional supervisor and remove myself from the peer recovery relationship upon recognition of an identified conflict of interest. Conflicts of interests include dual relationships such as providing services to other staff within your organization, personal relationships with the person(s) receiving services etc.)

2. Disclose any existing or pre-existing professional, social, or business relationships with person(s) served. I shall determine, in consultation with my professional supervisor, whether existing or pre-existing relationships interfere with my ability to provide peer support services person(s) served. I will follow the recommendations of my supervisor and continue to remain in consultation as needed to ensure the practice of ethical standards. If I feel that consultation from my supervisor contradicts this code of ethics, I will contact my credentialing body and receive direct consultation from them.
3. I will defer to the ethical dimensions that guide the Peer Recovery certification (iatrogenic, fiduciary, boundary management and multi-party vulnerability) to guide all professional service/conduct decision making processes.
4. Inform clients of costs of services as established by the agency for which I am employed and not charge person served beyond fees established.
5. I will not sponsor, or provide any recovery pathway specific support, to any individuals I have served as a Peer Recovery professional, either currently or in the past.

#### **D. Coach/Client Relationship**

As a Peer Recovery professional, I will:

1. Clearly explain my role and responsibilities to those I serve.
2. Terminate the relationship with a person(s) served when services appear no longer be of benefit and respect the rights of the person served to terminate services at his/her request.
3. Request a change in my role as a Peer Recovery professional with a person being served if the person served requests a change.
4. Not engage in sexual activities, romantic relationships, or professional and/or personal relationships with persons served in my role as a Peer Recovery professional, or members of the immediate family (as defined by the person(s) receiving services) of the person(s) served.
5. Set clear, appropriate, and culturally sensitive boundaries with all persons served.
6. Work to identify implicit and explicit biases using supervision, continued education, consultation with other peer professionals, and other awareness opportunities to grow in opportunities to overcome potential barriers to person-centered care.
7. Provide culturally responsive services, continue to develop an awareness of cultural humility through supervision and continued education while seeking out diversity enrichment opportunities within my community. I understand it is my responsibility to provide services that practice cultural humility and conduct myself in a manner that preserves the dignity of the culture(s) of the person(s) served and community.

If at any point I recognize/I am unable to meet any of these requirements, I will immediately cease performance as a Peer Recovery Coach and seek professional assistance. This professional assistance includes, but is not limited to, consultation with my supervisor, connection with Indiana Association of Peer Recovery Support Services (IAPRSS) for professional development/consultation and disclosure to ICAADA. I understand it is my responsibility to adhere to this code of ethics and the ethical standards that guide the peer recovery coach role. I will contact ICAADA if my organization, or other programs I work alongside, create/implement policies that force me to work outside of the ethical standards or scope of practice of a peer recovery coach.



**I hereby attest that I have read, understand, and will adhere to the IC&RC Peer Recovery Code of Ethics, as described above; and including, a subsequent change to the code of ethics that is duly approved by the IC&RC Board of Directors at a regularly scheduled Board Meeting. It is my responsibility to remain current and comply with the code of ethics for this and other credentials awarded by my credentialing body throughout the life of the credential.**

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_